

ALERT BAY

Namgis Health Centre
48 School Rd, Alert Bay, BC
Phone: 250-974-5522

WITHDRAWAL MANAGEMENT/DETOX

PORT HARDY

Crisis Stability Program — Island Health
8735 Lower Hastings St., Port Hardy, BC
Phone: 250-902-6051

CAMPBELL RIVER

180° Detox & Supportive Recovery Program — The John Howard Society of North Island (Ages 13 - 19)
140 10th Ave., Campbell River, BC
Phone: 250-286-0222 Local 222

Campbell River Sobering and Assessment Centre
Vancouver Island Mental Health Society
#6 - 1330 Dogwood St., Campbell River, BC
(250) 287-9969

Mental Health & Substance Use Services
207-1040 Shoppers Row, Campbell River, BC
Phone: 250-850-2620

COURTENAY

Mental Health & Substance Use Services — Island Health
101-742 Cliffe Ave., Courtenay, BC
Phone: 250-331-8524

RECOVERY HOUSES

CAMPBELL RIVER

Ann Elmore Transition House Recovery Program — Campbell River & North Island Transition Society (Women Only)
Campbell River, BC
Phone: 250-286-3666

North Island Supportive Recovery Society - Second Chance
647 Birch St
Campbell River, BC V9W 2T1
Phone: 250-830-1103

COURTENAY

Amthyst House — Comox Valley Transition Society (Women Only)
280 2nd St., Courtenay, BC
Phone: 250-871-2570

Stepping Stones Recovery House for Women (Women Only)
Courtenay, BC
Phone: 250-897-0360

Comox Valley Recovery Centre*
**Men Only | Island Wide by referral
Address: 641 Menzies Ave., Courtenay, BC
Phone: (250) 338-7144

RECOVERY SERVICES

HAMMER TIME

The Umbrella Society, in partnership with VICA, is pleased to announce their newest group, Hammer Time.

This group is available to provide support for people in construction who are struggling with substance use issues and may need access to recovery and/or harm reduction services.

The group is currently accessible over Zoom.
More information available: www.umbrellasociety.ca

Thursdays, 7 - 8 PM.

Meeting ID: 845 2308 9259
Passcode: 379893

CRISIS & REFERRAL LINE

24-HOUR VANCOUVER ISLAND CRISIS LINE

Provides a supportive listening ear for people in emotional distress and connection to emergency mental health services when needed.

1-888-494-3888

KUU-US CRISIS LINE

The KUU-US Crisis Line is a suicide-prevention resource for Indigenous and non-Indigenous people on Vancouver Island and in British Columbia. Help is available 24 hours a day. If you are facing a crisis, call any time.

1-800-588-8717

Alcohol & Drug Information & Referral Service

This 24/7 service is available to people across BC needing help with any kind of substance abuse issues. It provides information and referral to education, prevention and treatment services and regulatory agencies.

1-800-663-1441

BC Mental Health and Addiction Info Line

This service provides information and referrals to people across BC seeking information about addictions and mental health resources.

1-800-661-2121, 9:00 a.m.– 4:00 p.m. Mon - Fri.

ONLINE RESOURCES

TowardTheHeart.com
BCCDC Online Naloxone Training
FNHA Virtual Doctor of the Day



VISIT WWW.VICABC.CA FOR MORE INFORMATION

TAILGATE TOOLKIT PROJECT

NORTH ISLAND HARM REDUCTION RESOURCE GUIDE

VICA
Vancouver Island
Construction Association


island health

OVERDOSE PREVENTION SITES

Overdose Prevention sites (OPS) offer a range of services but most importantly they provide a safe and supervised space to use. There has never been a death at any OPS. If a physical OPS isn't available or of interest digital ones exist in the form of the Lifeguard and Brave Apps downloadable through all app stores

CAMPBELL RIVER

Vancouver Island Mental Health Society
1330 Dogwood St. Unit #5, Campbell River, BC
250-287-9969

COURTENAY

Mental Health & Substance Use Office
941C England Ave., Courtenay, BC
250-331-8524

DRUG CHECKING

Fentanyl screening is available at all Overdose Prevention Sites. Testing kits may be found for purchase online. Mail-in drug checking services also available at www.getyourdrugstested.com

HARM REDUCTION SERVICES

Harm reduction services include the provision of safe and sterile supplies, education, and peer support.

PORT HARDY

Island Health Harm Reduction Services
7070 Shorncliffe Ave., Port Hardy, BC
Phone: 250-902-6051

Island Health Harm Reduction Services
7070 Market St., Port Hardy, BC
Phone: 250-902-6071

ALERT BAY

Namgis Health Centre
48 School Rd., Alert Bay, BC
Phone: 250-974-5522

CAMPBELL RIVER

Island Health Harm Reduction Services
207-1040 Shoppers Row, Campbell River, BC
Phone: 250-850-2620

Island Health Harm Reduction Services
1330 Dogwood St., Unit #5, Campbell River, BC
Phone: 250-287-9969

Island Health Harm Reduction Services
381 2nd Ave., Campbell River, BC
Phone: 250-286-7152

AVI Health and Community Services
1370 Cedar St., Campbell River, BC
Phone: 250-830-0787

Kwakiutl District Council Health Center (Indigenous Specific)
1400 A Drake Rd., Campbell River, BC
Phone: 250-286-9766 Toll Free 1-866-286-9766

Kwakiutl District Council Health Center – Quinsam (Indigenous-Specific)
200-2005 Eagle Dr., Campbell River, BC
Phone: 250-286-8064

COURTENAY

AVI Health and Community Services
355 6th St., Courtenay, BC
Phone: 250-338-7400

Mental Health & Substance Use Office
941C England Ave, Courtenay, BC
Phone: 250-331-8524

Care-A-Van Harm Reduction Services
2800 Cliffe Ave., Courtenay, BC
Phone: 250-702-7011

Unbroken Chain, Indigenous Harm Reduction
202-576 England Ave., Courtenay, BC
Phone: 250-338-3455

GOLD RIVER

Gold River Health Centre
601 Trumpeter Drive, Gold River, BC
Phone: 250-283-2626

HORNBY ISLAND

Hornby Island Medical Clinic
1885 Sollans Rd., Hornby Island, BC
Phone: 250-331-8631

MENTAL HEALTH SERVICES

PORT HARDY

Mental Health & Substance Use Services
7070 Shorncliffe Avenue, Port Hardy, BC
Phone: 250-902-6051

CAMPBELL RIVER

Men's Counselling Program — North Island Survivors' Healing Society
Campbell River Trauma & Abuse Counselling Centre
625D 11th Ave. Campbell River, BC
Phone: 250-287-3325

Mental Health & Substance Use Services
207-1040 Shoppers Row, Campbell River, BC
Phone: 250-850-2620

Homalco First Nations Health Centre
1218 Bute Crescent, Campbell River, BC
Phone: 250-923-4979

MENTAL HEALTH SERVICES CONT.

COURTENAY

Mental Health & Substance Use Office
941C England Ave, Courtenay, BC
Phone: 250-331-8524

GOLD RIVER

Mental Health & Substance Use Services — Island Health
Gold River Health Centre, 601 Trumpeter Dr., Gold River, BC
Phone: 250-283-2626

PORT MCNEILL

Mental Health & Substance Use Services — Island Health
2750 Kingcome Pl., Port McNeill, BC
Phone: 250-956-4461

ALERT BAY

Namgis Health Centre
48 School Rd, Alert Bay, BC
Phone: 250-974-5522

RECOVERY SERVICES

ASSESSMENT

PORT MCNEILL

Mental Health & Substance Use Services — Island Health
2750 Kingcome Pl., Port McNeill, BC
Phone: 250-956-4461

CAMPBELL RIVER

Mental Health & Substance Use Services
207-1040 Shoppers Row, Campbell River, BC
Phone: 250-850-2620

COURTENAY

Mental Health & Substance Use Office
941C England Ave, Courtenay, BC
Phone: 250-331-8524

GOLD RIVER

Mental Health & Substance Use Services — Island Health
Gold River Health Centre, 601 Trumpeter Dr., Gold River, BC
Phone: 250-283-2626

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Mental Health & Substance Use Services — Island Health
2750 Kingcome Pl., Port McNeill, BC
Phone: 250-956-4461